

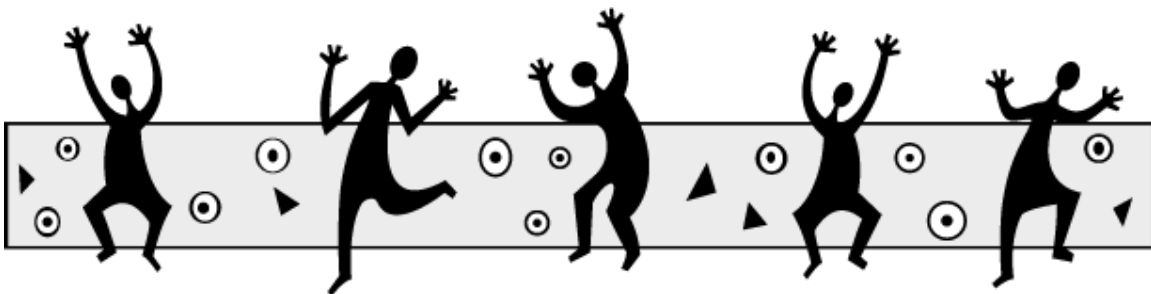


# Proverbs

to promote understanding across  
generations and cultures

## Achievement Record

*Welcome to "Proverbs"!*



Proverbs will help you understand the process of aging, how to communicate with family members and develop intergenerational relationships. You will also learn about cultural differences and similarities while completing the curriculum activities. In this record book, you will learn what you need to do to successfully complete the Proverbs project and also how to share what you learned with others at round-up, your county fair or Farm Show. Have fun as you work on this project by yourself and with others.

To successfully complete **Proverbs**, you should:



**Complete at least three of the Proverbs curriculum activities listed in the chart below.**

<b>Activity</b>	<b>What I learned from this activity</b>	<b>Date Completed</b>	<b>Helper's Initials</b>
1. Talking about aging (p. 5)			
2. Remember when (p. 9)			
3. Coming together (p. 11)			
4. Facts of life (p. 14)			
5. Follow-up 1: Short stories (p. 20)			
6. Follow-up 2: Proverbs picture (p. 20)			
7. Follow-up 3: Create a proverb			



**Complete at least one exhibit or follow-up activity below:**



Exhibit or follow-up idea # 1.

Develop a poster with a selected proverb as the title. Write several paragraphs about what the proverb means to you. Think about how the proverb relates to something in your life. Draw a picture of your proverb.



Exhibit or follow-up idea # 2.

Divide a piece of poster board in half. On one side of the poster, attach magazine pictures that depict youth in a positive way and on the other side, attach pictures that depict youth in a negative way. Place one proverb that you feel is appropriate for the message(s) found in the pictures on each side of your poster. Repeat this process making a poster depicting older adults shown in a positive and negative way.



Exhibit or follow-up idea # 3.

Create a proverb of your own -- This is your chance to make a statement about how people are different or similar to one another. See a and b below for ideas.

a.) what are the similarities or differences between people with different backgrounds, such as different countries, races, genders, religions, or age groups?

b.) how could people with differences get along with one another better?

Write your proverb on a poster or heavy piece of paper. Under your proverb, write a few sentences about what the proverb means and why it is important to you. Display this with your visual idea below.

Develop a visual representation of your proverb. You could make a mobile, diorama, mural, collage, model or think up a creative idea of your own.

Bring your completed project book, this record book and your exhibit to the 4-H fair or round-up.

*(Be sure to check size requirements with your 4-H leader for your poster or exhibit before completing them.)*



Name \_\_\_\_\_ Club \_\_\_\_\_

## Proverbs Round-up/Exhibit Score Sheet

*to be completed by leader prior to fair or exhibit*

Completed at least three curriculum activities according to project guidelines (20 pts.) \_\_\_\_\_

Completed at least one exhibit or follow-up idea (15 pts.) \_\_\_\_\_

Achievement Record complete, accurate and neat (10 pts.) \_\_\_\_\_

Meeting Attendance (5 pts.) \_\_\_\_\_

**Sub total A-50 pts.** \_\_\_\_\_

*to be completed by judge at event*

Provides evidence (written or otherwise) of new information/concepts learned through project (20 pts.) \_\_\_\_\_

Exhibit is complete containing all suggested components (15 pts.) \_\_\_\_\_

Descriptions adequately describe pictures, magazine photos, or creative visuals (10 pts.) \_\_\_\_\_

Overall neat appearance of display (5 pts.) \_\_\_\_\_

**Sub total B-50 pts.** \_\_\_\_\_

**GRAND TOTAL (Sub Total A + Sub Total B)** \_\_\_\_\_

Achievement record developed by: Claudia Mincemoyer, Ph.D., assistant professor and 4-H curriculum specialist, Matt Kaplan, associate professor and intergenerational programs and aging specialist, and Patreese Ingram, Ph.D. associate professor and diversity specialist, Department of Agricultural and Extension Education. Reviewed by Mary Jo Kraft, York county and Linda Hendricks, Columbia county.

This publication is available in alternative media upon request.

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**Name**

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**Address**

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**Name of Club**

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**Leader's Name**

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**Name of Project**

**4-H Club Motto**

“To make the best better”

**4-H Club Pledge**

I pledge  
my head to clearer thinking  
my heart to greater loyalty,  
my hands to larger service, and  
my health to better living, for  
my club,  
my community,  
my country, and  
my world.

**4-H Club Colors**

Green and White