

# PENNSTATE



College of Agricultural Sciences Agricultural Research and Cooperative Extension

# FROM METO WE... A Game of Intergenerational Discovery

### **Overview:**

- This game will help you discover fun activities to do with family members or friends.
- Two people are required for this game.

### **How to Play:**

### On your own:

- 1. Each person takes a "What do you like to do" sheet (see attached).
- 2. Choose and circle those activities that you like to do. Choose as many as you like.

### **Together:**

- 3. With your partner, fill out a "What would you like to do together" sheet, and circle those activities you would like to do together.
- 4. Select three of the activities which excite you both the most, and cut them out.
- 5. Glue these three activities into your "Fun things we will do together soon" certificate (attached). This will help you remember these activities and plan to do them soon.
- 6. Hang this certificate up when you get home!



## What do **you** like to do?

Circle as many as you like.



















































































TO EAT























INSTRUMENT



## What do you like to do?

Circle as many as you like.



























THE FAMILY













































NATIONAL PARK

**GO BOWLING** 







A BOOK























BEEN TO BEFORE







INSTRUMENT

# FROM ME TO WE... What would you like to do together?

Circle as many as you like.















































































CENTER OR

NATIONAL PARK

































The Penn State Intergenerational Program

### Other Resources Available from the Penn State Intergenerational Program:



### **Intergenerational Activities Sourcebook**

A new resource for educators, human service practitioners, recreation specialists, community development specialists, and others committed to bringing the generations together. (Kaplan & Hanhardt) (\$10 per copy; pub code: **AGRS-91**)



### **Developing an Intergenerational Program** in Your Early Childhood Care and Education Center

Easy to use information on effective practices for finding, training, and involving senior adult volunteers in early childhood programs. (Kaplan, Duerr, Whitesell, Merchant, Davis, & Larkin) (\$10 per copy; pub code: **AGRS-89**)



### Grandparents Raising Grandchildren: Doubly Stressed, Triply Blessed

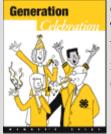
An introduction to the pressing issues and concerns faced by families with grandparents raising grandchildren. Program set includes a facilitator's guidebook, a video (VHS - 16:55 min.), and fact sheets. (Kaplan, Handhardt & Crago)

(\$30 per copy; pub code: AGRS-84)



### Future Festival: An Intergenerational Approach to Community Participation

The "Futures Festival" is a special event designed to engage people of all ages in constructive dialogue about community development issues. It is geared primarily toward youths and older adults, two population groups whose opportunities to participate in community activities are typically limited. (Kaplan) (\$.95 per copy; pub code: **UI364**)



#### **Generation Celebration**

This intergenerational 4-H project consists of six sessions designed to help young people and older adults become more aware of stereotypical attitudes toward aging, and to get to know and enjoy each other as individuals. (Scholl, Kaplan, and Hanhardt).

(\$1.90/Member's Guide; pub code: **JO71A**. \$2.70/Leader's Guide; pub code: **JO71C**)

For more information on these resources or about the Penn State Intergenerational Program, check the Web site: <a href="http://intergenerational.cas.psu.edu">http://intergenerational.cas.psu.edu</a> or contact Matt Kaplan 814-863-7871; <a href="mailto:msk15@psu.edu">msk15@psu.edu</a>. For more information about ordering these materials, contact the Publications Distribution Center, phone 814-865-6713. Shipping and handling charges: \$5.00 per order.

### Acknowledgements

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Visit Penn State's College of Agricultural Sciences on the Web: http://www.cas.psu.edu/

Also, visit the Penn State Intergenerational Programs on the Web at http://intergenerational.cas.psu.edu

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