

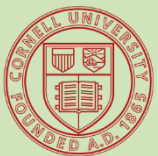


Farm Fresh Foods for Healthy Kids: Innovative Cost-Offset Community Supported Agriculture Intervention to Prevent Childhood Obesity and Strengthen Local Agricultural Economies

Background • The Intervention • Study Design • Findings • Discussion

PROJECT TEAM

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 <p>Karla Hanson Co-Investigator Cornell University Division of Nutritional Sciences</p>	 <p>Stephanie Jilcott Pitts Co-Investigator Eastern Carolina University</p>
 <p>Jane Kolodinsky Co-Investigator University of Vermont Center for Rural Studies</p>	 <p>Marilyn Sitaker Co-Investigator Battelle Memorial Institute</p>



Cornell University



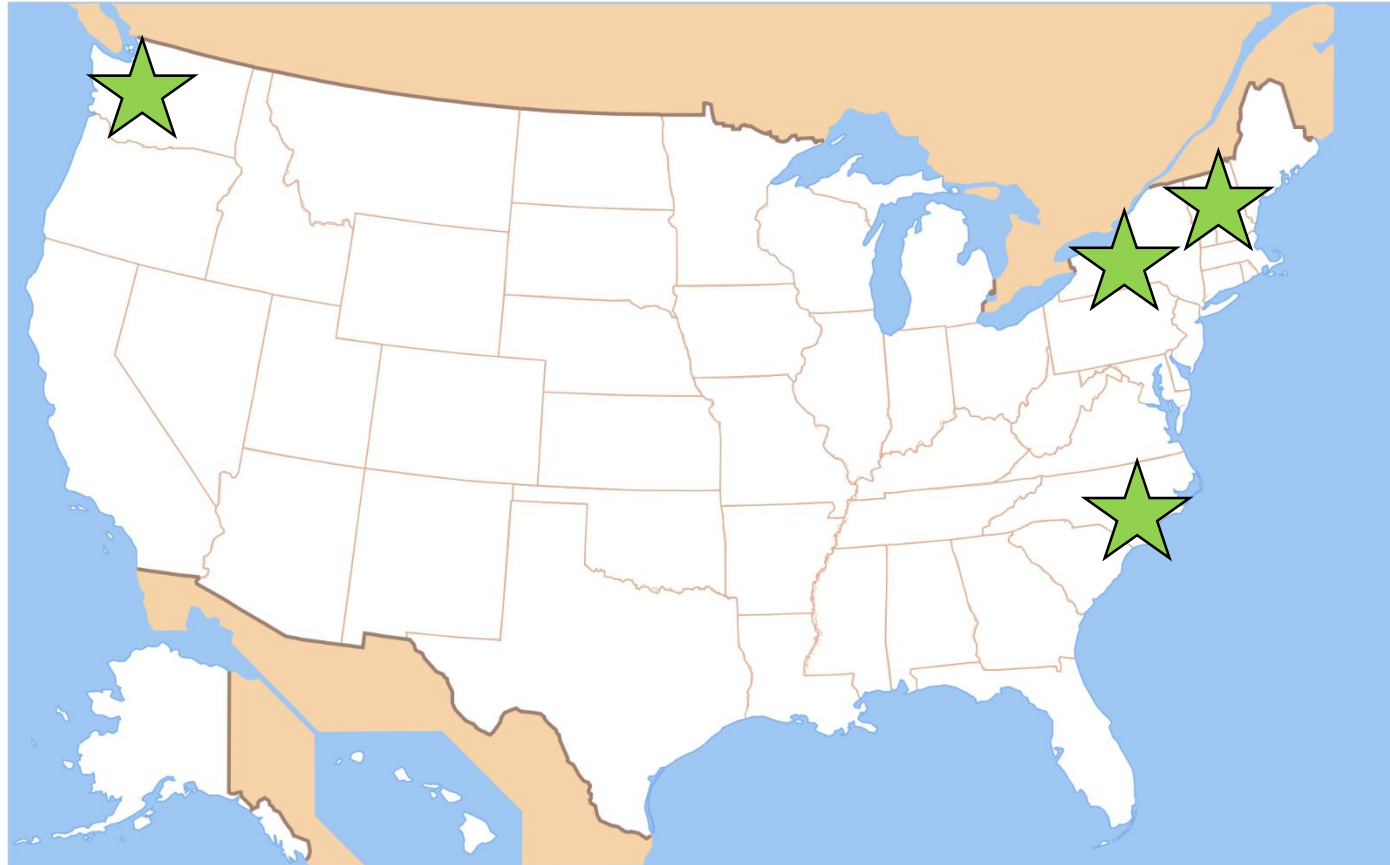
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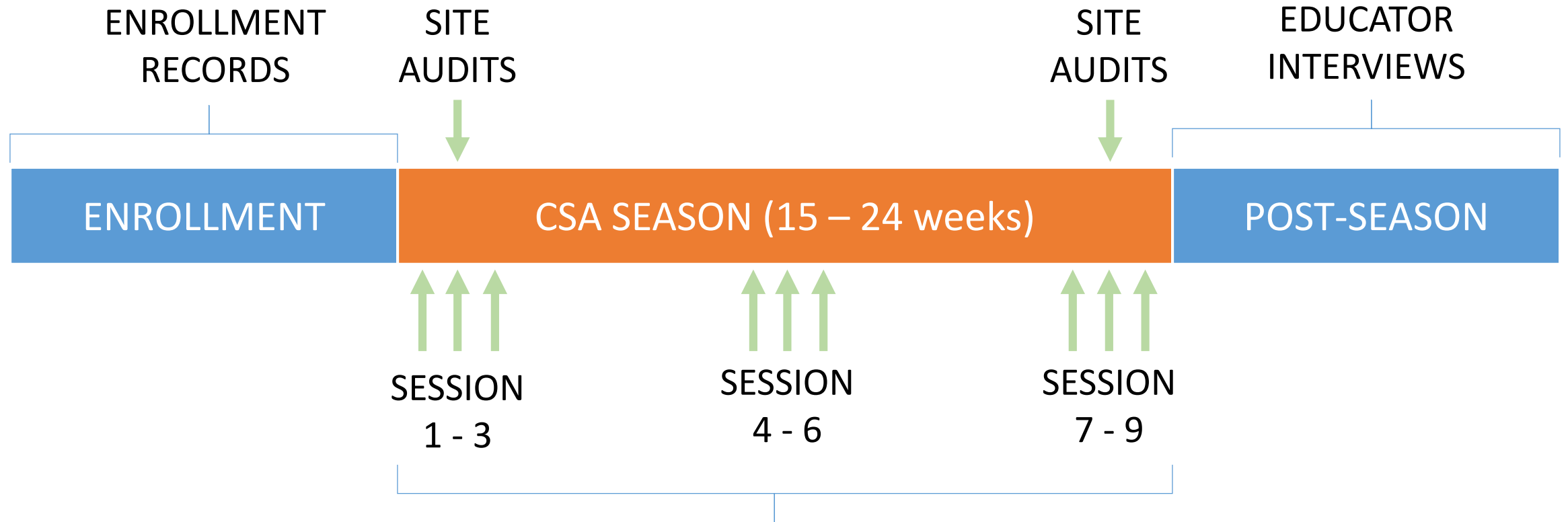
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the evergreen
state college
olympia, washington



The overall goal is to leverage the integration of **research, extension, and education** to examine cost-offset CSA participation as a strategy to improve dietary quality, help at-risk children achieve and maintain healthy body weights, and support vibrant agricultural economies.



PICK-UP LOGS, SIGN-IN SHEETS & POST-LESSON SURVEYS

Publications

Kolodinsky JM, Sitaker M, Morgan EH, Connor LM, Hanson KL, Becot F, Jilcott Pitts SB, Ammerman AS, Seguin RA. *Can CSA cost-offset programs improve diet quality for limited resource families?* Choices. 2017; 32(1): 1-10.

Seguin RA, Morgan E, Hanson K, Ammerman A, Jilcott Pitts SB, Kolodinsky JM, Sitaker M, Becot F, Connor LM, Garner J, McGuirt J. *Study protocol: Innovative community supported agriculture cost-offset intervention to prevent childhood obesity and strengthen local agricultural economies.* BMC Public Health. 2017; 17(306): 1-20.

Hanson KL, Kolodinsky JM, Wang W, Morgan EH, Jilcott Pitts SB, Ammerman AS, Seguin RA. *Adults and Children in Low-Income Households That Participate in Cost-Offset Community Supported Agriculture Have High Fruit and Vegetable Consumption.* Nutrients. 2017; 9(726): 1-10.

McGuirt JT, Jilcott Pitts SB, Seguin RA, Bentley P, DeMarco M, Becot F, Ammerman AS. *Perspectives on a local food access and nutrition education program from cooperative extension nutrition educators.* In review.

McGuirt JT, Jilcott Pitts SB, Hanson K, DeMarco M, Seguin RA, Kolodinsky JM, Becot F, Ammerman AS. *A choice experiment to examine factors influencing willingness to participate in a Community Supported Agriculture (CSA) program among low-income parents.* In review.

Seguin RA, McGuirt JT, Jilcott Pitts SB, Garner J, Hanson KL, Kolodinsky J, Sitaker M. *Knowledge and experience related to community supported agriculture and local foods among nutrition educators in three regions of the United States: a qualitative study.* In review.

Hanson KL, Garner J, Connor LM, Jilcott Pitts SB, Harris R, Kolodinsky JM, McGuirt J, Wang W, Ammerman AS, Sitaker M, Seguin RA. *Community Supported Agriculture for low-income families: Appealing produce, payment options, convenience, and choice may be important.* In review.



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