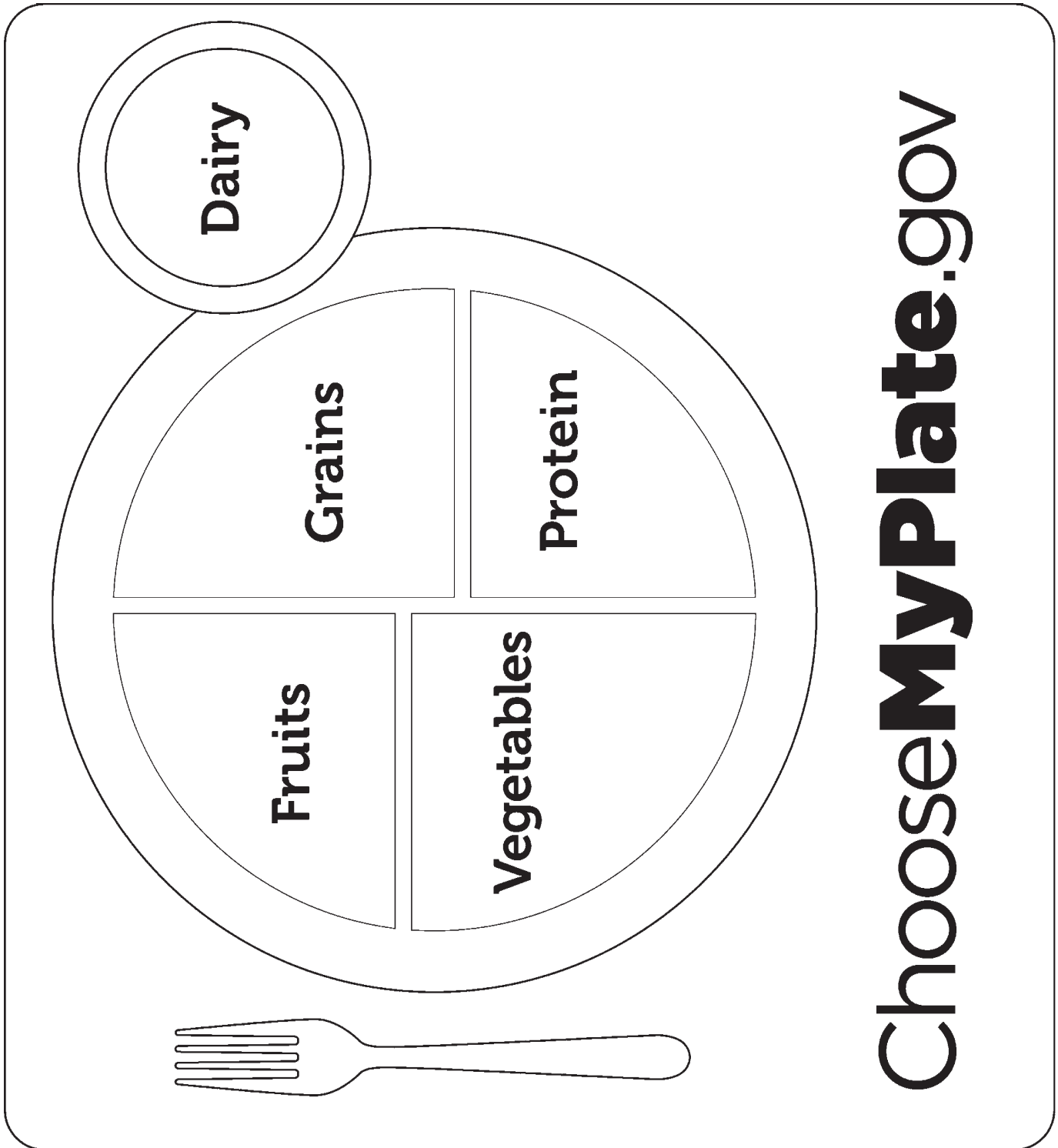


APPENDIX 7

# MyPlate Coloring Sheet



*From the choosemyplate.gov website.*